"May the Lenten journey we begin today bring us to Easter with hearts purified and renewed by the grace of the Holy Spirit."

- Pope Francis



# Opportunities for Prayer & Reflection

- ☐ Wednesday, February 10
  ASH WEDNESDAY, Imposition of Ashes
  7:30 a.m. morning Mass
  5:00 p.m. Polish Mass
  7:00 p.m. evening Mass
- ☐ Wednesday, March 2, 9, and 16 7:00 p.m. LENTEN REFLECTION SERIES
- □ Every Friday during Lent at 7:00 p.m.

  STATIONS OF THE CROSS &

  BENEDICTION OF THE BLESSED SACRAMENT

  Sacrament of Penance after Devotions
- ☐ Every Sunday during Lent immediately following the 11:00 Polish Mass
  GORZKIE ZALE, Polish Lamentations on the Passion & Crucifixion of Christ
- ☐ Wednesday, February 24, 5:00 8:00 p.m.

  AN EVENING OF CONFESSION

  On the evening of Wednesday, February 24, from 5:00-8:00 p.m., St. Barbara's will join with all the churches in the Catholic Diocese of Cleveland to open their doors and offer the Sacrament of Penance.

## Let us see God's mercy and extend it to others.



#### Service

- On Sunday, February 28, in the Parish Hall immediately following the 9:00 a.m. Mass, we will be packing personal care kits for clients at the West Side Catholic Center and the Metanoia Project at St. Malachi Campus.
- ☐ On Saturday, March 19, in the Parish Hall immediately following the 4:30 p.m. Mass, we
   ☐ will be making no-sew blankets for the Child Life Department of MetroHealth Medical Center.

#### Almsgiving

- Operation Rice Bowl: Please pick up a cardboard rice bowl to fill with your spare change. Catholic Relief Services will use your donation to assist impoverished and disadvantaged people overseas.
- ☐ Soup for the Soul: Please pick up a soup bowl to fill with your spare change. Donations will be given to the Metanoia Project which is located on the campus of St. Malachi. This organization focuses on the needs of the "shelter resistant" homeless by providing an overnight hospitality center that offers relief from the elements, a meal and a place to sleep.
- ☐ Ozanam Center: Please make generous donations of food items for this organization to distribute to clients in need.









#### Holy Week Schedule

Weekend of March 19-20, PALM SUNDAY
OF THE PASSION OF OUR LORD
Saturday, Vigil Mass, 4:30 p.m.
Sunday, Morning Mass, 9:00 a.m.
Sunday, Polish Mass, 11:00 a.m.

March 21, MONDAY OF HOLY WEEK
7:30 a.m. morning Mass
7:00 p.m. TENEBRAE SERVICE

March 22-23, TUESDAY & WEDNESDAY
7:30 a.m. morning Mass

- Thursday, March 24, HOLY THURSDAY
  7:00 p.m., Mass of the Lord's Supper
  Procession with the Sacrament to the side
  altar at the end of the Mass. The Church will
  remain open for prayer before the Altar of
  Reposition until 10:00 p.m.
- ☐ Friday, March 25, GOOD FRIDAY

  Noon 1:00 p.m., Sacrament of Penance
  3:00 p.m., Solemn Reading of the Passion,
  Adoration of the Cross & Holy Communion.
  7:00 p.m., Stations of the Cross
  Sacrament of Penance after Devotions
- ☐ Saturday, March 26, HOLY SATURDAY 1:00 p.m., Blessing the First Foods of Easter 9:00 p.m., GREAT VIGIL OF EASTER
- □ Sunday, March 27, EASTER SUNDAY 9:00 a.m. Mass in English 11:00 a.m. Mass in Polish



### Fasting & Abstinence

Our observance of Lent begins on **ASH WEDNESDAY, February 10, 2016**, a day of fast and abstinence for Catholics.

□ ASH WEDNESDAY and GOOD FRIDAY are obligatory days of universal fast and abstinence. Fasting is obligatory for all who have completed their 18th year and have not yet reached their 60th year. Fasting allows a person to eat one full meal. Two smaller meals may be taken, not to equal one full meal. Abstinence (from meat) is obligatory for all who have reached their 14th year.

If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily his Resurrection.

☐ **FRIDAYS IN LENT** are obligatory days of complete abstinence (from meat) for all who have completed their 14th year.



## How will you keep Lent this year?




### Lent & Holy Week in the Jubilee Year of Mercy 2016

### St. Barbara Church

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